



CLINICS HELP PROGRESSION!

July: Saturday 20th
August: Saturday 10th
September: Saturday 21st

Open for members and non-members



Register: www.upwardgymnastics.com
book for clinic in camp tab

Clinics:

1:00pm-2:00pm
\$15

July 20th
Tumbling

August: 10th
Bars

September 21st
Air trak,
tumbling

CLINICS


October, 14 Skills on bars

November, 9 Tumbling Skills

December, 21 Tumbling

\$15



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UPWARD GYMNASTICS